



Head Teacher: Grace Mullally

DfE number: 312/6063

Address: The Manor, Harlington Road, Hillingdon, Middlesex, UB8 3HD | Telephone: 01895 813679

Address: The Courtyard, Church Road, Hayes, Middlesex, UB3 2UH | Telephone: 01895 881040

11th September 2026

Dear Parents and Carers,

Free School Meals Update – The Manor

As most of you are aware, we began our Free School Meals offer last term by introducing Jacket Potatoes. We are excited to share our new, expanded menus for this academic year on The Manor site.

The menus run on a three week rolling system, with the following dates for each menu;

Week 1 – 14.09.2026, 05.10.2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	*Chicken Jollof Rice *Margherita pizza *Jacket Potato – with cheese, beans or tuna	*Pork sausages and mash *Quorn sausages and mash *Jacket Potato – with cheese, beans or tuna	*Roast Chicken dinner *Roast Quorn dinner *Jacket Potato – with cheese, beans or tuna	*Lamb and vegetable stew *Macaroni cheese *Jacket Potato – with cheese, beans or tuna	*Fish and chips *Spanish omelette and chips *Jacket Potato – with cheese, beans or tuna
Dessert	Ice-cream	Yoghurt	Jelly	Apple Crumble	Melon/Pineapple

Week 2 – 21.09.2026, 12.10.2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	*Cottage pie *Vegetable Stir-fry *Jacket Potato – with cheese, beans or tuna	*Beef Burger and Wedges *Veggie Pasta Bake *Jacket Potato – with cheese, beans or tuna	*Roast Chicken dinner *Roast Quorn dinner *Jacket Potato – with cheese, beans or tuna	*Chicken Curry *Vegetable Curry *Jacket Potato – with cheese, beans or tuna	*Fish and chips *Veggie Burger and chips *Jacket Potato – with cheese, beans or tuna
Dessert	Ice-cream	Yoghurt	Jelly	Pear Crumble	Melon/Pineapple



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Week 3 – 28.09.2026, 19.10.2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	*Chilli con carne *Sweet Potato Curry *Jacket Potato – with cheese, beans or tuna	*Spaghetti Bolognese Tomato and Onion Quiche *Jacket Potato – with cheese, beans or tuna	*Roast Chick dinner *Vegetable Wellington *Jacket Potato – with cheese, beans or tuna	*Meatballs and pasta *Vegetable Bolognese *Jacket Potato – with cheese, beans or tuna	*Fish and chips *Cheese Pizza *Jacket Potato – with cheese, beans or tuna
Dessert	Ice-cream	Yoghurt	Jelly	Sponge Cake	Melon/Pineapple

Please also see the attached visual menus, which you can use to support discussions with your child.

Please note: All chicken is non-halal

How do you order?

Your child's class team will be supporting the ordering process, which will be done a week advance. (for next week, these will be placed on Monday via your class team). However, you may like to communicate with your class team via Dojo or on your weekly calls, if there are any meals in particular you would like your child to try or they would like or those which you know they will not want.

You can continue to send in packed lunch with your child whilst they settle in and try new foods or you can choose to not have the school meals and continue with sending in a packed lunch.

If you have any further queries, in the first instance please contact your class teacher, who will be able to assist.

Kind regards,

Laura Nichol
Assistant Headteacher, SENCo